

Fall Practice Schedule (September 6, 2022 to November 13, 2022)

Practice times are subject to change based on high school schedule and enrollment.

Triton Fall Training Times

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Plat	6:00 to 8:00	4:30 to 6:30	6:00 to 8:00	4:30 to 6:30	4:30 to 6:30	10:00 to 12:00	OFF
Royal	6:00 to 7:30	4:30 to 6:00	6:00 to 7:30	4:30 to 6:00	4:30 to 6:00	10:00 to 12:00	OFF
Blue	5:00 to 6:00	6:00 to 7:00	5:00 to 6:00	OFF	6:00 to 7:00	11:00 to 12:00	OFF
White	5:00 to 6:00	OFF	5:00 to 6:00	6:00 to 7:00	OFF	11:00 to 12:00	OFF
HS	6:00 to 7:30	4:30 to 6:00	6:00 to 7:30	4:30 to 6:00	OFF	OFF	OFF
Red	OFF	6:00 to 7:00	OFF	6:00 to 7:00	OFF	OFF	OFF

Platinum, High School, and Royal Groups will participate in Dryland for the first 15 minutes of practices Monday through Thursday.